



Hamsey Green
Primary School

Acorns
Nursery

Hello
Summer



In A Nutshell

Headteacher's Newsletter Summer Term 2022 Week 13



Dear All

I cannot believe where the year has gone and we are at the final day of the year already. This week, we broke the heat barrier at school! I cannot thank the staff and the children enough for their adaptation to the climate, as it nearly topped 40 degrees. Year 5 especially liked learning about capacity first thing in the morning.

Today, culminated in a heart wrenching goodbye to our lovely Year 6s. Their Leaver's Assembly was emotional, hearing their memories of their time at Hamsey as well as seeing the photos of how much they have grown since they started. They also had to hold it together to put on an amazing Leaver's Play - postponed from Monday due us all melting in 40° heat. We wish then all the best on their next school journey, we are so proud of them.

A big thank you also goes to the parents and carers who have supported the amazing team we have here at Hamsey and Acorns and for the kind words and gifts. We wish all the staff who are leaving us, the best of luck and we also look forward to hearing baby news from Miss Bishop as she embarks on maternity leave.

Wishing you all a lovely, safe summer holiday and look forward to seeing you all back on Monday 5th September!

Mrs Mace



Winning Team—TOPAZ!

YEAR 6

AWARDS 2022

Highest Attendance Amber Amy

Harry Mia

Green Hamsey Daniel Tommy

Ben

Sports Award Harry Eva
Ollie D Stanley

Science Award Ryan

Diligence Award Wahidah

English Award Ethan G

Maths Award Russell

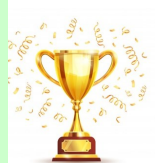
Achievement Award Nishka

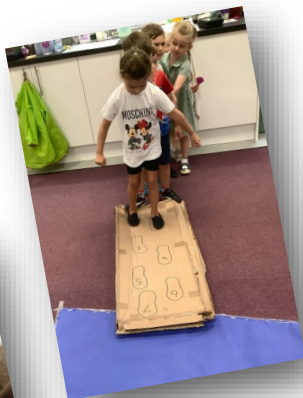
Music and Drama Amy Kizzy

Tremaine Mia

**Outstanding Contribution
to Hamsey** George

Citizenship Award Levi





As this week has been the last week for many of our children at Acorns we have had a fun week learning about pirates. The children have enjoyed singing pirate songs, digging for treasure in the sand and walking the plank!

In the art area, the children made their own boats which we enjoyed sailing in the water tray.

We would like to take this opportunity to wish all of the children leaving us good luck at their new schools we will miss them all; also a big thank you to all of our families for their ongoing support and we hope you all have a fantastic summer break.

Staff car park

Several staff cars have been scratched whilst they have been parked in the staff car park. If you walk through the car park to access your child's classroom, please can we ask that you supervise all children in your care to not walk/play through the parked cars.

This is also applicable for any children who have brought a scooter/ride on or bike onto the school grounds. The children should be supervised at all times whilst on the premises and also at the beginning and end of the school day. Please encourage them to ride safely so no one gets knocked over accidentally.

Absences & Sickness

If your child is absent from school, please email absence@hamseytilt.co.uk or leave a message on the absence line (01883 622000 option 1). Please let us know their full name, class and reason; including any symptoms they may be displaying. We do need to hear from an adult each day a child is absent for safeguarding reasons. Please do not bring your child to school if they have been sick during the night. If your child has been sick or has an upset stomach, children must be off school for 48 hours following the last episode. Thank you for your co-operation.

School Meals

School meals will be increasing from 1 September and the new cost will be £2.60.

For parents of children going into Year 3, the universal infant free school meal entitlement ends and unless eligible for Pupil Premium, dinners will need to be paid for at the time of booking.

Communication this week

- Letter to current year 5 (re year 6 residential)
- Trust newsletter
- Nursery and Year 6 parent exit survey

Parking

We have been made aware that some of our families have recently received penalty notices for parking outside the school. Penalty notices are issued by the Council and we are unfortunately unable to comment or advise on this issue. The zig zag lines are marked clearly as are the times where parking is not allowed on these markings. **Please park considerably around the neighbouring properties to the school. We have had some complaints recently, of inconsiderate parking at drop off and pick up times for school and other activities. Some of our nursery parents have also noted parking issues, making it difficult when walking with their young children.** We do have slightly staggered starting times to help alleviate this issue. Thank you for your assistance.



Upcoming events

Friday 22nd July—End of term /

9am Year 6 leavers' assembly

Nursery finish at 12pm (Nursery leaver's at 12.15pm)

Rec 1.05pm

Years 1 & 2 1.10pm

Years 3-6 1.15pm

After School Club finishes at 4pm

Autumn term starts Monday 5th September

School Dinners

If you have booked a school dinner and then send in a packed lunch for your child/ren. Please can you advise the office that you no longer require it. Thank you.



Health risks from heat

Children cannot control their body temperature as efficiently as adults during hot weather because they do not sweat as much and so can be at risk of ill-health from heat. Heat-related illness can range from mild heat stress to potentially life-threatening heatstroke. The main risk from heat is dehydration (not having enough water in the body). If sensible precautions are taken children are unlikely to be adversely affected by hot conditions, however, teachers, assistants, school nurses and all child carers should look out for signs of heat stress, heat exhaustion and heatstroke.

Heat stress

Children suffering from heat stress may seem out of character or show signs of discomfort and irritability (including those listed below for heat exhaustion). These signs will worsen with physical activity and if left untreated can lead to heat exhaustion or heatstroke.

Heatstroke

When the body is exposed to very high temperatures, the mechanism that controls body temperature may stop working. Heatstroke can develop if heat stress or heat exhaustion is left untreated, but it can also occur suddenly and without warning.

Symptoms of heatstroke may include:

- *high body temperature – a temperature of or above 40°C (104°F) is a major sign of heatstroke*
- *red, hot skin and sweating that then suddenly stops*
- *fast heartbeat*
- *fast shallow breathing*
- *confusion/lack of co-ordination*
- *fits*
- *loss of consciousness*

Heat exhaustion

If a child loses consciousness, or has a fit, place the child in the recovery position, call 999 immediately and follow the steps above until medical assistance arrives.

Symptoms of heat exhaustion vary but include one or more of the following:

- *tiredness*
- *dizziness*
- *headache*
- *nausea*
- *vomiting*
- *hot, red and dry skin*
- *confusion*

Actions to protect children suffering from heat illness

The following steps to reduce body temperature should be taken immediately:

1. *Move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap).*
2. *Cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30° C) water – if available, place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan.*
3. *Dial 999 to request an ambulance if the person doesn't respond to the above treat-*

Protecting children outdoors

During periods of high temperature, the following steps should be taken:

- children should not take part in vigorous physical activity on very hot days, such as when temperatures are in excess of 30°C*
- encourage children playing outdoors to stay in the shade as much as possible*
- children should wear loose, light-coloured clothing to help keep cool and sunhats with wide brims to avoid sunburn*
- use sunscreen (at least factor 15 with UVA protection) to protect skin if children are playing or taking lessons outdoors for more than 20 minutes*
- provide children with plenty of water (such as water from a cold tap) and encourage them to drink more than usual when conditions are hot*

Protecting children indoors

During periods of high temperature, the following steps should be taken:

- open windows as early as possible in the morning before children arrive, or preferably overnight to allow stored heat to escape from the building – it is important to check insurance conditions and the need for security if windows are to be left open overnight*
- almost close windows when the outdoor air becomes warmer than the air indoors – this should help keep the heat out while allowing adequate ventilation*
- use outdoor sun awnings if available, or close indoor blinds or curtains, but do not let them block window ventilation*
- keep the use of electric lighting to a minimum*
- switch off all electrical equipment, including computers, monitors and printers when not in use – equipment should not be left in ‘standby mode’ as this generates heat*
- oscillating mechanical fans can be used to increase air movement if temperatures are below 35°C – at temperatures above 35°C fans may not prevent heat-related illness and may worsen dehydration*
- encourage children to eat normally and drink plenty of cool water.*

Healthy pack lunches

We've noticed that some of the pack lunches coming into school are not necessarily healthy or nutritious. Please can you ensure that what you send in is enough to keep them going for their afternoon lessons.

Please remember we are a nut free school—this includes spreads that may contain nuts.

A Guide to Building...

Healthy Snacks & Lunchbox

P2/P

Bring **WATER** everyday!

Putting tap water in a reusable bottle is FREE and will help keep your child hydrated all day!



Whole Grains

(Great for Snack or Lunch)

Make sandwiches with whole grain bread. Look for labels that say "100% Whole Grain"

Pack healthy snacks each day. Add a healthy sweet or savory treat.

Try whole grain crackers and pretzels for savory snacks or dried fruits for sweet treats.

Snacks

(Great for Snack or Lunch)

Fruit

(Great for Snack or Lunch)

Pack fresh fruit each day for snack and lunch. These are easy, convenient ways to add fruits to your day

Add veggies in your child's lunch. They add a healthy crunch instead of chips.

Veggies

(Great for Snack or Lunch)

(Great for Snack or Lunch)

Illustration of various fruits and vegetables including apples, bananas, grapes, carrots, and broccoli.

We are collecting used printer ink cartridges. Please bring them and put them into the recycling box in the office. We are unable to recycle toner or laser cartridges. Any cartridges recycled, helps the school to raise some money. Thank you!

Recycle  Charity



We are regularly asked by parents, carers, grandparents and friends of the school as to how you can support the school to continue to provide a rich, wide-ranging curriculum and a high standard of education. If you would like and are able, to support the school and your child's education, please buy one of the books on our Amazon wishlist. This will arrive at school a few days later and be added to the children's non-fiction book box or class library.

https://www.amazon.co.uk/hz/wishlist/ls/3GIZF85XRY4MG?ref=wl_share

School Uniform

We are depleting our school stock of uniform. Please check to see what items of uniform you may need and please order through us in the first instance. Please see previous page as to stock items we have. Anything that is unavailable through us, please purchase through Price and Buckland directly. Price and Buckland will refer you back to us if its stock that we hold. <https://price-buckland.co.uk/school-finder/?school-search=Hamsey+Green+Primary+School>

Please be aware that any items ordered through Price & Buckland to be delivered to the school will take longer than if you pay for p&p for home delivery. **Please order any uniform from Price & Buckland by 1st August for home delivery before the start of the new school year.**

Ticks

With the warm weather and long grass, please be extra vigilant for ticks. Please click here for further information https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1057949/Tick_awareness_A5_leaflet.pdf



AGES 4-14
ALL ABILITY LEVELS

Ofsted Registered

Join us!.....

We run Sports multi-skills camps during the school holidays for children aged 4 - 14 years.

book online!
camp4champs.co.uk

EXTENDED DAY UNTIL 6PM

CHILDCARE VOUCHERS

We have lots of fun activities on offer from football to dodgeball! Come along and try something new or maybe you have a particular favourite you'd like to do!

Camps run from **9am to 4pm**
(extended day 8am - 6pm also available).

Our Sites

- Mayflower**
Mayflower High School
Stock Road
Billericay
CM12 0RT
- Warringham School & Sixth Form College**
Warringham School
Tithepit Shaw Lane
Warringham
CR6 9YB
- St John's School Billericay**
St John's School
Billericay
Essex
CM12 0AR
- Oakhurst Grange School**
160 Stanstead Rd
Caterham
CR3 6AF
- Notley High School**
Notley Road
Braintree
CM7 1WY
- Carrington School**
Carrington School
Noke Drive
Redhill
RH1 4AD

For dates & bookings for all sites please visit
camp4champs.co.uk

✉ fun@camp4champs.co.uk 📱 [@camp4champsuk](https://www.instagram.com/camp4champsuk)

SAL FAMILY LEARNING



FREE Online Summer Workshops

Available with Surrey Family Learning through the month of August. If you are a parent, grandparent or carer of children and would like some support or inspiration, please have a look at our web page to book.

All workshops are 1.5 hours long on either an evening or Saturday morning, so you can still enjoy your days out.

www.surreycc.gov.uk/familylearning



Courses available

Places will go fast so book today!

Develop Your Child's Self Esteem

Building your Child's Resilience

Help Your Child Manage Anxiety

Storytelling

